



# OHIO LIONS DISTRICT 13E NEWSLETTER

October 2011



## FROM THE DESK OF THE DG

Fellow Lions, Lioness, and Leo's of District 13E,

If you've been a Lion for a while, you probably remember the October Growth Award Program and its emphasis on membership recruiting in the month of October. Every club's purpose during the month of October should be to attract, recruit and induct prospective members. By increasing your net membership growth in October, you will begin a growth cycle that can be maintained throughout the Lions year.

All clubs participating in the October Membership Growth Program will receive a banner patch as well as club name recognition on a section of the Lions Clubs International Web site. Club secretaries must report each member using either the MMR or WMMR. (MMR users must report by October 20. WMMR users must report by October 31.) See page 4 for the 2010-2011 October Growth winners.

Even though October is designated for recruiting and reporting new members. Membership growth needs to be a continual 365-days-a-year. To encourage club growth I recommend two things, the "Ohio Plan" and International President Tam's current program "My Club, My Family". For more information on the October Growth Award Program and My Club, My Family visit Lions Clubs International website at <http://www.lionsclubs.org>.

Just a friendly reminder that October 1, 2011 is the deadline to purchase Peace Poster contest kits from Club Supplies. November 15, 2011 is the deadline for a club to send one winning poster (per contest sponsored) to the district governor.

Until the next newsletter,  
I believe in you, the Lions of District 13E.  
DG Bill

## GOVERNORS VISITATION SCHEDULE FOR OCTOBER

4-Woodstock Lions	19-Ohio Northern Univ Lions
8-State Committee Meetings	24-Ft Recovery lions
10-Fletcher Lions	25-West Milton Lions
11-Versailles Lions	26-Northridge Lions
18-Celina Lions	27-GLT Training, Piqua



## Words and Actions by 1<sup>st</sup> VDG

Last Saturday I traveled with four others from the Wapak Lions Club to North Hampton Lions Club for introductory training on the vision screening device Ohio Lions purchased from Welch Allyn, Inc. ZC Karl Cox graciously invited us to participate with the Lions of Zone 9. The training was outstanding and by the end we had each used the device on each other until we felt comfortable doing the screening. The next step in this process is to attend



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## Ohio District 13 E Newsletter

certification training which is offered in the following dates and cities:

### October 7th

Mercy College of Northwestern Ohio  
Room 3702  
2221 Madison Ave  
Toledo, Ohio 43604

### October 12th

Clovernook School for the Blind and Visually Impaired  
Community Room  
7000 Hamilton Avenue  
Cincinnati, Ohio 45231

### October 10th

Westerville Public Library  
126 S. State Street  
Westerville, Ohio 43081

### November 14th

South Community, Inc.  
3095 Kettering Blvd  
Dayton, Ohio 45439

Reservations must be coordinated with Stephanie at email: [stephaniek@pbohio.org](mailto:stephaniek@pbohio.org).

Several Clubs and Zones are again taking "Roar for the Troops" as a zone project. This year we must work faster as the suspense for free shipping is in November this year. I encourage you to take this project on again as we still have troops serving in combat again this year.

Our first Global Membership Team (GMT) and Global Leadership Team (GLT) meeting for our District will be held at the joint vocational school in Piqua on October 27th at 6:00 p.m. As most of you know, our old MERL (membership, extension, retention, and leadership) was replaced by GMT and GLT. The room will hold 300 so there's room for everyone that wants to learn about our new organization. I look forward to seeing you all there!

As I write this I am flying to the USA / Canada Forum in Anchorage, Alaska. I hope to see many of you there!

Yours in Lionism,  
1VDG Jack Preston

### 1<sup>ND</sup> VDG VISITATION SCHEDULE FOR OCTOBER

3-Mendon Lions  
4-Marysville Lions  
5-ONU Campus Lions  
13-Milford Center Lions

17-West Liberty Lions  
22-West Liberty Lions Charter  
Anniversary  
24-Huntsville/Indian Lake Lions

25-Upper Scioto Valley Lions  
26-Northridge Lions  
27-GMT/GLT Meeting, Piqua

### NEWS & VIEWS FROM THE PEN OF 2<sup>ND</sup> VDG

***"Will you not constitute yourselves Knights of the Blind in this crusade against darkness?"***

Helen Keller – Quote from her speech to the Lions International Convention  
Cedar Point, Ohio, June 30, 1925

Greetings!

It's almost October as I write this article. The first line in the chorus of the song, "I'm So Excited", sung way-back-when in the 1980s by the Pointer Sisters, keeps running through my mind. The rest of the song was never anything I really listened to but those words in the first line, "I'm so excited and I just can't hide it" are definitely on my mind today!

I recently attended the Auto Refractor Pre-Training Seminar coordinated by S&H Chair/Zone 9 Chair Karl Cox and hosted by the North Hampton Lions. (Thank you Lion Karl for offering the training and Lion Kaye Cox for the warm cookies – they were excellent! I'm sure Lion Jim Barnhart will be providing some photos because he was the official paparazzi of the day.) Rachel Frazier from School Health in Columbus provided the training. If I counted correctly, there were 13 of us who took the opportunity to learn more about the Auto Refractor units and got our first "test drive" in how to use the units. It's a good thing that the Lions who were there are patient and each has a sense of humor. These units are easy to use – once you've practiced a few times – but we did have some fun trying to get the units at the right distance (14 inches) and then zeroing in on the "sweet spot" in the pupil of the eye. Lion Larry Marker of the Wapakoneta Club was the first person to be tested and we definitely teased him. We heard lots of beeps while we tried to get the units to the correct distance – too close/too far/not in the middle, etc. Once you get the right spot, you're done in about 20 seconds – and that's both eyes! If the reliability number is below normal, you can re-test one or both eyes. We did that numerous times. We also found that people who have very tiny pupils and people with very dark eyes make it harder to read and you just have to try-try-try again. Then, when you're done, you print the results and pass them on to the school or parents and prepare for the next child to test.

## Ohio District 13 E Newsletter

Having the auto refractors, will allow Lions to screen 3 to 5 year old children in day care centers, pre-schools, and other locations. We'll be able to partner with others to help find children at-risk of eye problems - early. That brings me back to another Helen Keller quote from the 1925 convention, "Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind child untaught; no blind man or woman unaided?" With the aid of the auto refractors, we have more opportunities to make Helen Keller's words to the Lions come true. We've been about sight-related projects for a long time. Now, we have new-age technology to help us reach more people sooner. "I'm so excited and I just can't hide it!" Are you ready to catch the excitement and pass it on?

I also had the opportunity this month to participate in club and zone meetings in Zones 2, 6, 7 and 8. Club representatives talked proudly about the projects they are currently doing or planning. Clubs in Zones 2 and 7 are getting ready for their annual "Roar for the Troops" project; Zone 6 clubs just finished their Darke County Fair activities. Clubs throughout both regions are starting to plan membership night activities. It's wonderful to hear about all the plans being made to become more visible in the communities we serve.

Until next month, "Have Fun!"  
Lion Darlene/2<sup>nd</sup> VDG

### 2<sup>ND</sup> VDG VISITATION SCHEDULE FOR OCTOBER

3-Bradford Lions  
4-Gettysburg Lions  
10-North Hampton Lions

11-Pittsburg Lions  
17-Zone 9 Meeting,

22-West Liberty Lions Charter  
Anniversary  
27-GLT Training, Piqua

### CLUB HAPPENINGS

The **Fletcher Lions** are holding their ALL YOU CAN EAT pancake, sausage, fried mush day on **1 October** from 7 AM to Noon at the A. B. Graham Center, in Fletcher.

The **Bradford Lions** are having a barbecue chicken and pork chop dinner on Sunday, **Oct. 2nd**. Presale tickets at \$7.00 each are needed and all dinners are carryout. Tickets are available at both Bradford banks, or you may call Kathy Myers, 448-2667, or Joanne Ferree, 620-7225, by the deadline purchase date of Sunday, Sept.25th. Proceeds will go towards the purchase of exams and eyeglasses for needy individuals as well as other ongoing Bradford Lions community projects.

The **West Liberty Lions** Charter Anniversary celebration is scheduled for **October 22<sup>nd</sup>** in Urbana, according to Lion Thresa Hickman (jdickman@roadrunner.com). Mark your calendar. More information will come later.

Attention All Lions: The **Ohio Northern University Campus Lions Club** is offering tickets for their football game against Marietta College **October 29th** at 1:30. The normally \$5 tickets are being pre-sold for \$4, with \$2 going back to the ONU Lions! This is a great way to not only see a nationally ranked football team, but to help support the ONU Lions Club. Tickets are available pre-sale only via email or telephone through Anthony Gady (a-gady@onu.edu) or Prof. Paul Nutter (p-nutter@onu.edu or 419-772-2169).

Tickets must be ordered prior to the game or you will pay full price at the gate. If necessary tickets can be picked up at the "ONU Lions Will Call" table at the game. Please tell us if the ticket is being purchased by a Lion so we can use the funds for administrative expenses. Checks can be paid to "ONU Lions" and mailed to the address below.

Lion Paul Nutter  
Associate Professor, Ohio Northern University  
Dept. of Technological Studies  
525 S. Main Street  
Ada, OH 45810

The **Northridge Lions Club** presents it's **20th Annual "OCTOBERFEST"** to be held on Wednesday, **October 26, 2011** at the **Northridge Lions Club Regular Meeting Night**. You just never know who may or may not show up! COST is \$10.00 at the door for Meal and Drinks. We have a great time and look forward to this event each year. PLEASE CALL LION DEWEY FOR RESERVATIONS AT 937-215-1458 before October 22, 2011 with your clubs count. Look forward to seeing all our OLD and New friends and Fellow Lions.

Lion Dewey

**Schedule Change:** The **Versailles Lions Club** meets on the 2nd Tuesday of the month, not the 2nd & 4th as the directory states.

Let's hear a resounding **ROAR** for **Lion Richard Birt, Jr.**, the newest member of the **North Hampton Lions Club**. Lion Richard is sponsored by Lion Kathleen Haskins.

On the same note, let's hear a resounding **ROAR** for **Lions Kimberly Baucher, Paul Huffman, Abigail Ison, Kevin Jansen, Brittane McCann, and Raven McLure**, newest members of the **ONU Campus Lions Club**. All are sponsored by **Lion Paul Nutter**.

**Please send your club's activity information no later than the 20<sup>th</sup> of the month prior to the publishing of the newsletter. November newsletter information due by October 20<sup>th</sup>!**

### OCTOBER MEMBERSHIP GROWTH AWARD PROGRAM

WINNERS 2010 - 2011

Lions Club	New Members in October 2010
Kenton	1
Mendon	2
North Hampton	2
Versailles	1
Wapakoneta	1
Waynesfield	1
West Liberty	2



#### UPCOMING LIONS CLUB PIN SWAPS

Western States Pin Swap  
October 9-12, 2011 Reno, NV

Virginia Pin Swap

November 10-11, 2011 Winchester, VA  
(Check out the Ohio Lions web site for Pin Trader links!)

#### UPCOMING LIONS EVENTS!

##### INTERNATIONAL EVENTS

22-26 June - International Convention  
Busan, Korea

##### STATE EVENTS

Winter Retreat

13-15 January 2012 - Deer Creek Resort

State Convention

18-20 May, 2012 - Embassy Suites, Dublin, Ohio

##### DISTRICT EVENTS

Officer Training Seminars

27 October - Global Leadership Team (GLT) Training

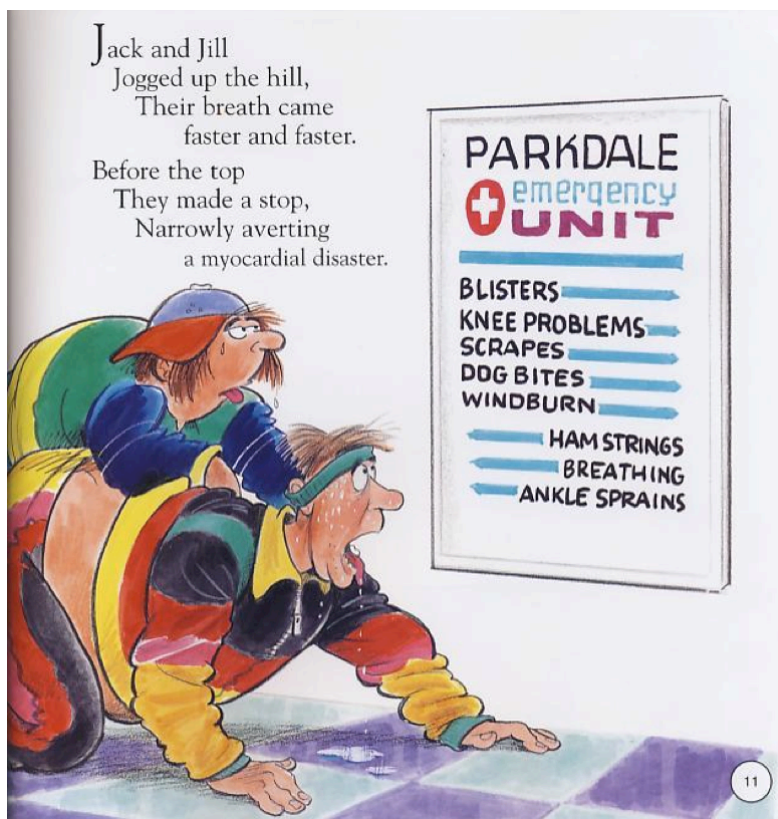
Upper Valley JVS, 8901 Looney Drive,  
Piqua, OH 6:30 PM to 8:00 PM

Officer Training

26 May, 2012 - TBD

District 13-E Convention

14 April 2012, - McIntosh Center - Ada, Ohio



## WHAT'S HAPPENING IN YOUR ZONE?

### YOUR ZONE CHAIR

#### Zone 1

Lion Bob Hare

#### Zone 2

2<sup>nd</sup> VDG Darlene Roll  
Roar for the Troops thru  
October

#### Zone 3

Lion Bob Cline

#### Zone 4

Lion Marvin Gilbert

#### Zone 5

Lion Mitch Sweeny

#### Zone 6

Lion Larry Green  
11-visiting Pittsburg Lions  
20-visiting Arcanum Lions

#### Zone 7

Lion Jenny Landers  
Roar for the Troops thru  
October

#### Zone 8

Lion Jim Ballard

#### Zone 9

Lion Karl Cox

“ROAR FOR THE TROOPS”. Zones 2 and 7 continue to collect items through October. Need to be delivered to Bellefontaine YMCA by 1 November. Being Shipped 18 November. See items to be considered for giving at the end of this newsletter.

**Please send your Zone's activity information no later than the 20<sup>th</sup> of the month prior to the publishing of the newsletter. November newsletter information due by October 20<sup>th</sup>!**

## In Our Prayers



Please keep PDG Sheryl Schlatters sister, Julie Peterson, in your prayers as she recovers from a lung mass.

Continue to keep West Liberty **Lion Andy Snapp** in your prayers as he recovers from his burns.

Remember to keep the family of **PCC Lion Bill Price** in your prayers as they deal with their loss.

Keep the family of Rushsylvania **Lion Charles “Jiggs” Skidmore** in your prayers as they deal with their loss.

Keep the family of **PDG Norman James** in your prayers.

Keep the family of **PDG Orlin Moore** in your prayers.



## God Bless Our Military!

**WELCOME HOME! SPC Gerald (Gary) Norris**, Army National Guard from serving in Balad, Iraq with the 1-174th ADA RGT Army National Guard Unit from Cincinnati. Grandson of Rushsylvania Lions Bruce & Louise Norris

**2LT Amanda Preston Johnston**, U.S. Army Nurse. Daughter of 1st VDG/Wapakoneta Lion Jack & Cindy Preston

**CPT Brian Johnston**, U.S. Army. Son-in-law of 1st VDG/Wapakoneta Lion Jack & Cindy Preston

**SGT Jack Preston, Jr.**, U.S. Army. Son of 1st VDG/Wapakoneta Lion Jack & Cindy Preston

**SGT Jennifer Preston**, Ohio Army National Guard. Daughter of 1st VDG/Wapakoneta Lion Jack & Cindy Preston

**SPC Kent T. Ransbottom**, Army National Guard. Son of Rockford Lions Tom & Neva Ransbottom

**Airman 1st Class William Edwards** (Billy). Son of Gettysburg Lion Bill Edwards

**Master Sergeant Terri Edwards**. Wife of Gettysburg Lion Bill Edwards



## DIRECTORY CHANGES

**Lions Jim and Thresa Hickman** - new e-mail address - [jdickman@roadrunner.com](mailto:jdickman@roadrunner.com)

## CHILDREN ARE OUR FUTURE

by wingkuntam

Building our legacy of service — this is especially true in our work with young people. Our programs, such as Lions Quest, Youth Camps and Exchanges and Leo clubs, make growing up safer and more fun.

By nurturing today's youth, we're growing tomorrow's leaders into thoughtful, caring volunteers. A growing number of studies show youth who engage in meaningful service projects experience a host of positive outcomes.

Young people need role models, and we have more than 1.35 million Lions ready to fill that position. I believe we can shape young people's lives by inviting them to help with the planning and implementation of service projects.

Start today. Ask youth to participate in your club's upcoming service project.



## LCIF CHAIRPERSON TAKES PART IN LIONS' HURRICANE IRENE RELIEF EFFORTS

by lionsclubsorg



Last week, LCIF Chairperson Sid Scruggs visited Lions who are helping Hurricane Irene victims. LCIF is mobilizing US\$90,000 that our members are using to provide immediate disaster relief. During his visit, Sid worked with local Lions to purchase 600 cases of bleach that residents need to disinfect their water wells and to clean flooded homes. In this photo, Sid helps Lions in North Carolina distribute relief kits that included bleach, detergent, rubber gloves, garbage bags and cleaning supplies.

"After two feet of water flooded homes in Columbia, there is now a long clean-up process ahead," said Chairperson Scruggs. "It is rewarding to know that we are providing them with a little hope and help during this difficult time."



## GLOBAL SERVICE ACTION CAMPAIGN

### October – Sharing the Vision

Plan vision health projects and work with the visually impaired. Many Lions already celebrate World Sight Day in October. This is a great month to organize a vision screening, volunteer at a nearby Lions Eyeglass Recycling Center, organize an eyeglass collection or an activity to benefit the visually impaired in your community.

## DISTRICT 13E CLUB BULLETIN CONTEST

Contest dates: September 1, 2011 through March 31, 2012

Mail or email your club bulletins to the District Bulletin contest Chairperson:

**Lion Cindy Keller**

513 N. High St.

Kenton, Ohio 43326

Home: 419-673-0926

E:cinnkeller@hotmail.com

## Ohio District 13 E Newsletter

First, Second, and Third place awards will be presented to the winning Editors at the 2012 District Convention.

Bulletin Editors should include the District Governor, 1st Vice District Governor, 2nd Vice District Governor, Zone Chairperson and News Bulletin Chair on your mailing list.

Awards will be presented in three (3) categories:

- Clubs with 50 or more members as of July 1, 2011
- Clubs with 36 to 50 members as of July 1, 2011
- Clubs with 35 or fewer members as of July 1, 2011

THE BULLETINS WILL BE JUDGED ON THE FOLLOWING CRITERIA:

Masthead must include: Club name Officer names Bulletin Editor's Name Date of Bulletin Club meeting day, time and location	20 points
Originality and general appearance	25 points
Promotion of Lions International objects and activities	25 points
Humorous items	10 points
Member involvement awards and achievements	30 points
Human interest stories	25 points
Listing of Clubs, Zone, District, State, and International projects	25 points
Inter- Club visitations completed and a schedule of upcoming visits	15 points
Member birthdays and anniversaries	15 points
Club activities	10 points

### BLUE FROG PROMOTIONS

Lion Kimberly Gibbs  
3901 Lansdowne Avenue Cincinnati, Ohio 45236  
Office: 513-681-3218  
Fax: 513-791-0246

Blue Frog Promotions is contracted with MD-13 Ohio Lions, Inc. and is licensed by LCI to sell Lions logo items. It's important that all Districts promote our clothing and items provider Blue Frog Promotions.

e-mail: [Bluefrog@bizcinci.rr.com](mailto:Bluefrog@bizcinci.rr.com)

Web Site: [www.companycasuals.com/ohiolions](http://www.companycasuals.com/ohiolions)



### Brain Teaser

When was the Leo Program created?

See answer later in this issue.

### CONSIDER THIS

"If we did all the things we are capable of, we would literally astound ourselves".

Thomas Edison

## DISTRICT 13-E COVERED BRIDGE PINS

### A LITTLE HISTORY/A LITTLE INFO!

Ohio Lions District 13-E has 11 covered bridge pins as of August 2011. The following is a little information on the series.

This pin series was started by Lion Dick Palsgrove of the Piqua Lions Club. Lion Dick and his wife, Lion Cynthia, traveled the area photographing covered bridges throughout the district. Sadly, Lion Dick passed away in January 2001 and did not get to see the project through to completion and did not get to see some of the newer bridges in Union County. Plus, some of the bridges have been painted since Lion Dick took the first photos.

The pins are as follows:

**Pin #1 (2001-2002)** – Eldean Covered Bridge in Miami County. Located just off County Road 25-A near the intersection with County Road 33. This bridge crossed the Great Miami River and no longer carries vehicle traffic but does allow pedestrians to cross. The bridge was originally built in 1860 and was reconditioned in 1980.

**Pin # 2 (2002-2003)** – Pottersburg Covered Bridge (sometimes called Upper Darby Bridge) in Union County. Located on Inskip-Cratty Road, this bridge was relocated from North Lewisburg Road to the North Lewisburg Multi-Use Trail on Inskip-cratty Road in 2006 and was renovated to preserve its 1930s appearance. As of 2011, the bridge is painted red. This bridge is one of four bridges remaining in Union County that were built by “The Bridge Builder of Union County, Reuben L. Partridge”.

**Pin #3 (2003-2004)** – Fletcher Covered Bridge in Miami County. Located one block north of U.S. Rt. 36 in Fletcher. The bridge crosses the Gustin Ditch in Fletcher, near the Fletcher Cemetery. This bridge was built with labor and material donations as part of the Fletcher community’s 1998 Sesquicentennial Celebration.

**Pin #4 (2004-2005)** – Spain Creek Covered Bridge in Union County. Located on Inskip-Cratty Road, just off State Route 245. This bridge crosses Spain Creek, was built in the 1870s and was renovated in 1989. This bridge is one of the four remaining bridges that were built by Reuben L. Partridge.

**Pin #5 (2005-2006)** – Culbertson Covered Bridge (sometimes called Treacle Creek or Winget Road Covered Bridge) in Union County. Located on Winget Road, just off Homer Road. This bridge originally was located on U.S. Rt. 36 near the lost village of Howe and is currently located near the lost village of Homer. This bridge is one of the four remaining bridges that were built by Reuben L. Partridge.

**Pin #6 (2006-2007)** – Bickham Covered Bridge in Logan County. Located on County Road 38, just east of Indian Lake. This bridge crosses the south fork of the Great Miami River. Originally built in 1877, this bridge was reconditioned in 1959 and again in 2002.

My thanks to the Union County Convention and Visitors Bureau for providing a copy of the map of the “Union County Covered Bridge Festival” route. It made finding the bridges throughout Union County a little easier on a beautiful Sunday afternoon drive that PDG Barney and I took.

We also found that there is a new covered bridge in Union County, the Thompson Road Covered Bridge. It was completed in 2010 and is not far from Ostrander and Bellepoint. and so now, we’ll be doing one more covered bridge pin before we start a different series.

If you have time for a “Sunday drive”, be sure to check out all these sites. They are definitely a part of Ohio history that you shouldn’t miss. (It also looks like most of the Union County bridges have lights so you can take a tour after dark, too!)

2<sup>nd</sup> VDG Darlene Roll (wife of PDG Barney Roll/Pin Chairman, photographer and information gatherer for this article) - August 28, 2011. (Continued next month).



Lions Clubs International  
**FOUNDATION**

## LCIF-READY TO HELP WORLDWIDE

All Lions, Lioness, and Leo's

Let me begin by thanking our District, Lions Clubs, and Lions for their support of Lions Clubs International Foundation (LCIF).

The need for grants continues to expand and be more complex; this year is no exception. The Lions around the world are united in bringing hope to those who are most in need.

We as Lions can make a difference. Each year we are asked to do more. Since LCIF was founded in 1968 LCIF has awarded 10,268 grants totaling US\$729 million dollars.

**One hundred percent of every dollar donated to LCIF goes to someone in need.**

**All Administrative costs are paid from interest earned on Investments.**

LCIF programs are funded solely through voluntary contributions. Members and clubs can support the Foundation in many ways. Individual Lions are recognized as contributing members for contributions of \$20.00, \$50.00 and \$100.00. For a \$20.00 donation the donors receive a Bronze lapel pin. For a \$50.00 donation the donor receives a pin with a Silver ribbon. For a \$100.00 donation the donor receives a pin with a Gold ribbon. Individuals and clubs contributing \$1000.00 or more are designated Melvin Jones Fellows, the Foundations highest distinction. The Contributing Member and Melvin Jones Fellow donor forms can be found at the newly designed LCIF website at <http://www.lcif.org/EN/> click “Ways to give”

**Lions Ready To Help:** E-Mail me at [wnevius@woh.rr.com](mailto:wnevius@woh.rr.com) or call me at 937-390-1215 for more information.

Thank You,  
LCIF District Coordinator 13-E  
PCST Bill Nevius



WINTER RETREAT

# WINTER RETREAT

JANUARY 13, 14 & 15, 2012



MOUNT STERLING, OH

COME FOR THE FUN!

COME FOR THE SEMINARS!

COME FOR THE FELLOWSHIP!

Cost: \$125 (includes all activities and 4 meals)

Send your "doe" (\$105) by December 1, 2011 and save 20 "bucks"

Registration form on-line at [www.ohiolions.org](http://www.ohiolions.org)

Hotel: \$75 (before 11/30/2011, request Lions Group Rate)/night + tax

Answer to brain teaser: The Leo Program was created in the 1950s.

## ROAR FOR THE TROOPS PROJECT

### Food, Snacks & Drinks

- BEEF JERKY/SLIM JIMS
- COFFEE (Ground or whole; instant or drip. Ground is preferred)
- POWDER DRINK MIX (Gatorade, Kool-Aid, Crystal Light)
- SUNFLOWER SEEDS & PUMPKIN SEEDS
- TUNA & CHICKEN SALAD (in foil pouches, or ready-to-eat kits (no cans))
- PROTEIN POWDER & PROTEIN BARS
- Hot Chocolate packets, Herbal teas
- Hard Pretzels/Cheetos/Fritos/Chex Mix/Wheat Thins/Ritz (individually wrapped)
- Gum/Hard Candy (must be individually wrapped in large bags)
- Granola Bars/Power Bars/Cereal Bars/Cliff Bars
- Fig Newtons, Oreos, Cheese & Crackers - Small Packs
- Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups/Fruit By The Foot/Fruit Gummies
- DRY SOUP: Ramen Noodles/Cup-O-Soup: just add water
- NUTS: Peanuts, Mixed Nuts (salted preferred)
- MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)
- Oatmeal Packs (Instant: just add water)
- Cereal (Small, individual boxes)

### Toiletries

- BABY WIPES (travel size)
- HAND SANITIZER (travel size)
- Combs/Brushes/Bobby Pins (in original packaging, please)
- Lip balm/Chap Stick/Carmex/Blistex
- Baby Powder & Foot Powder (travel size)
- Tissues (individual packs; travel size only)
- Toothpaste & Toothbrushes & Dental Floss
- Breath Mints/Breath Strips
- Lozenges/Cough Drops
- Loufa Sponges/Buff Puffs/Washcloths
- Nail files/Emery Boards/Nail Clippers
- Feminine Hygiene Products
- Cotton Swabs (i.e. Q-tips) - also used to clean guns!
- Cotton Balls
- Band-aids, Gauze Pads, First Aid Kits/Ace bandages, Icy Hot or Bengay cream

### Entertainment & Sports

- BATTERIES: (AA, AAA, C & 9 Volt are the most requested)
- DVD Movies (new or used - recent releases only, please!)
- iTunes® Gift Cards
- Pens & mechanical pencils, small note pads
- Stationery & Envelopes; blank cards to send home
- Double-sided tape, small crafts kits, scrap-booking items
- Day planners/Calendars/Small, Pocket Calendars
- Game Books: Crossword Puzzles/Word Search Books/Math Puzzle books/MAD LIBS/Logic Problems/Sudoku
- Yo-Yo's, Dominoes, Playing Cards (new), Poker Chips & Mats, Dice
- Board games: UNO, Othello, Checkers (travel size is great, too!)
- Nerf Footballs/Whiffle bats, balls & Mitts/Sports equipment
- Frisbees/Hackey sacks

### Other

- **LINENS:** Pillow cases, twin sheets, towels (green & tan)
- **SOCKS:** Black, Olive Green & White (cotton or wool)
- Small toys (Beanie babies) & school supplies for Iraqi & Afghan children
- Patriotic knick-knacks, USA flags, flags from your state, bandanas, baseball hats, football jerseys, banners to tack on their walls or tents.
- Black or Green duct tape, small tool kits, dust masks, carpentry tools, Fly swatters, fly paper, mosquito netting
- Disposable Hand warmers and Foot warmers (in the wintertime)